#### For more information

Tel: 0300 067 6380 Email: enquiries.east@forestryandland.gov.scot



#### **Getting to Bennachie**

The Bennachie Visitor Centre is the best place to go if this is your first visit to Bennachie Bennachie Visitor Centre, near Chapel of Garioch, Inverurie, Aberdeenshire, AB515HY Tel: 01467 681470

Email: bennachie.warden@aberdeenshire.gov.uk

Use #FoundMyForest on your pictures and videos, and we'll share them on social media.





Find out more: forestryandland.gov.scot

For information on public transport services contact: Traveline Scotland, 0871 2002233 or www.travelinescotland.com

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# People of the hill

The first people may have came up the River Don and settled here more than 2000 years ago. They lived in circular ring and ditch homesteads like those at Mithergarth and worked the land with simple tools.

Around 1500-2000 years ago the Picts built a massive stone fort on Mither Tap and may have fought the Romans here in AD 83 (Bennachie is a possible site for the Battle of Mons Graupius).

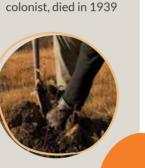
More recently, Bennachie colonists established small crofts on the lower slopes of the hill. They built two-roomed **houses** and drystone dykes, hauled **peat** for fuel, and cut stone in the granite quarries nearby.

Now Bennachie's forests produce valuable timber for construction and green energy as well as being excellent habitat for wildlife and plants. People come here to picnic, walk and cycle and enjoy the freedom of the hill.





George Esson, the last Bennachie



# Wildlife on the hill

You don't have to go far to see wildlife.

There's a world of small creatures living complex lives beneath your feet. Look down to find chains of ants carrying food to their nests, tiny swirls from a newt's tail in a wet ditch or dragonflies flitting across Bennachie's many burns.



In July and August, bees collect nectar from the flowering heather

The high slopes of Bennachie are important heathland habitat for **meadow** pipits and red grouse. Overhead, **buzzards** soar black against the sky, while fastmoving peregrines occasionally swoop down on prey hiding in the heather.



Woodpeckers visit the wildlife viewing screen, near the Bennachie Visitor Centre

Flocks of small birds such as siskins. crossbills and longtailed tits cluster in the canopy of Bennachie's Scots pine woodlands, while closer to the forest floor you might see foraging **red squirrels**, especially in the early morning or late evening.



Listen for the **red** grouse call ending "Goback, Go-back, Go-back"

# Black Hill

The hard granite tors or taps of Bennachie give the **hill its distinctive shape.** They were formed about 425 million years ago, around the same time as the mountain tops of Lochnagar and Mount Keen.

The many peaks of Bennachie

Braith oo the Ben is girse an whin, Heather afore an trees ahin

Bennachie by Sheena Blackhall

#### The Bennachie ridge stretches west to east for 8 km with many taps or peaks, including:

Black Hill (430m), Hermit Seat (478m), Watch Craig (493m), Oxen Craig (529m), Garbet Tap (468m), Craigshannoch (418m), Mither Tap (518m)

Millstone Hill (409m), south of the main ridge, is an excellent place to view them.

# Language in the landscape

Place names beginning pit are usually Pictish, the Celtic language of the people who carved the Maiden Stone at Pittodrie.

Gaelic began to be spoken here from the ninth century and place names like Craigshannoch (hill of the foxes), Clachie **Burn** (stony burn) and Bennachie itself (hill of the breast/the hill of

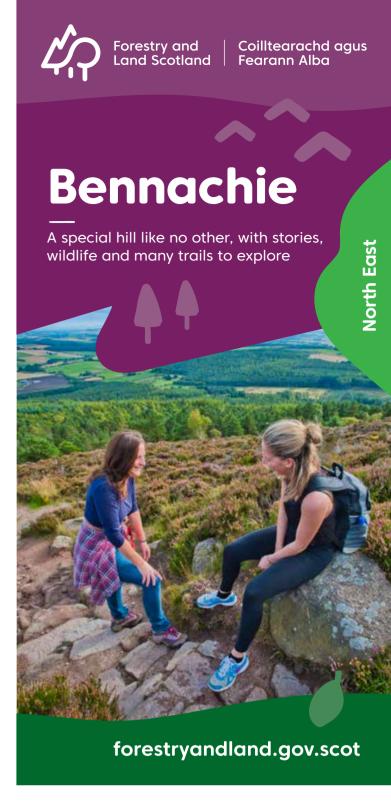
Chie) have Gaelic roots.



Later, Scots or Doric was spoken here and words like brig (bridge), Mither Tap (mother top) and **craig** (rock/crag - the Scots version of Gaelic **creag**) appear.

Scottish-English names like Millstone Hill could be translations — which means that some Bennachie place names may have had the same meaning for hundreds of years!

Hear the voices of past peoples in the place names of Bennachie: The Maiden Stone near Chapel of Garioch



# Welcome to Bennachie

Visible for miles around, the graceful outline of Bennachie has been a symbol of 'hame' for generations of families in the north east and a favourite landmark for those who love being outdoors.

On the ancient tops of Mither Tap and Oxen Craig, panoramic views stretch to Lochnagar and across Aberdeenshire. The sheltering forest on

the lower slopes is a haven for woodland birds and animals, with lots of different trails and quiet picnic spots to enjoy.

Bennachie's rich cultural heritage is part of the hill's attraction, from the Pictish fort on Mither Tap to old stone quarries and colourful legends of giants and pretty maidens.

Explore this magical landscape for yourself through one of four very different gateways...



## **Bennachie Centre**

#### The heart of the hill

This is a good place to start if you're exploring Bennachie for the first time. You'll find the easiest forest trails here as well as the shortest (and steepest) route to Mither Tap hill fort. For long-distance walkers this is where the Gordon Way begins.

On a summer's day you might hear woodpeckers tapping in the tall pines and spot dragonflies beside the Clachie Burn. If you just want to relax, there are plenty of picnic places to enjoy.

Bennachie's rich heritage is explained in the Visitor Centre, but you can see some of it for yourself in the ruined homesteads on the Colony Trail.



The Bailies of Bennachie is a voluntary conservation society whose objectives are to encourage and stimulate the public's interest in Bennachie. Find out more about the hill or get involved through our facebook page or www.bailiesofbennachie.co.uk

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#### **Bennachie Visitor Centre**

The Visitor Centre is the focus for events and activities. It is a great place to learn about Bennachie, with useful information on the

> hill and its trails. It's also the base for the Aberdeenshire Council Garioch Ranger who delivers environmental education and public events throughout the year.

The main indoor exhibition tells the stories of the people who lived and worked here and describes how Bennachie was formed millions of years ago. Additional exhibitions change through the season, so there's always something new to discover.

There is a Community Room which can be hired during opening hours. The Visitor Centre is managed by The Bennachie Centre Trust.



**Bennachie Visitor** Centre facilities Open every day

- exhibitions
- maps, snacks and gift shop hot and cold drinks
- accessible toilets including baby changing from 10am, April to October. Free entry. public access defibrillator

# the landscape o langin

# Back o' Bennachie

#### A hard-working hill

This is a favourite starting point for people climbing Oxen Craig, Bennachie's highest top, and gives a superb three-peak route across the open hill to Mither Tap and back.

Along the way you'll see amazing views, find a deserted quarry at Little Oxen Craig and a giant's enormous sleeping place.



- Feel the weight of history in the lintel quarry
- Cook up a feast at the barbeque area Look for cloudberries around Bennachie's
- highest peak

# Donview

#### Bennachie's quiet side

A slightly longer route to Mither Tap starts from this peaceful picnic spot and makes its way over a hill which may have supplied grinding stones for the mills along the River Don. It's a steep climb, but worth it for the superb views of Bennachie's southern side arguably, the best there are.

You can continue on to Mither Tap by **Heather Brig** (marking the spot where the Clachie Burn flows east and Birks Burn flows west) or circle back



- Cross the **Heather Brig** watershed
- Enjoy rare views from Millstone Hill
- Watch for **osprey and dippers** on the river

aybydan Mither

# Rowantree

#### Bennachie's legendary side

Stories and legends surround the Maiden **Causeway** - was it built by Pictish road makers or by the Devil himself? Whatever you believe, it's a popular, more gradual approach to Mither Tap, with sweeping views to the north and pretty picnic spots along the way.

An old turnpike road through the woods links Rowantree to the Bennachie Visitor Centre,



- Follow an **ancient way** to Mither Tap
- Picnic with panoramic views at Hosie's Well • Take a turn along the **Turnpike Trail**

the ben o belangin

Poem: Bennachie by Sheena Blackhall

# **Trail information**

# Back o' Bennachie



The Larick Trail •••

From a fresh green burst in spring to an autumn blast of gold, the larick (larch) here provides a different colour for all the seasons.

A moderate to fairly steep trail, with varied surfaces: firm forest roads,



1½ miles / 2.4 km Allow

earthy paths that can be muddy and rough sections with rocks, roots and large steps.



Mither Tap Quarry Trail

A great workout on the hill, visiting the Mither Tap and Bennachie's highest summit -Oxen Craig.

A very steep, rough trail with long climbs, large steps,

strenuous | 3¾ hrs

5½ miles / 9 km Allow

rocky and some areas on the summits which may be muddy.

# Donview



Millstone Hill Trail •••

Up through beautiful woods to heather hills and superb views from the top of Millstone Hill.

A very steep, rough and rocky trail, with large steps and roots. strenuous 2½ hrs

3½ miles / 5.6 kms Allow

6 miles / 9.6 km

Allow

4 hrs

Generally narrow, and has a narrow timber walkway. Can be wet and muddy.



Mither Tap **Heather Brig** •••

This grand, adventurous route crosses Millstone Hill and on to the landmark of the Mither Tap. Stunning views.

A very steep, rough and rocky trail, with large steps and roots. Generally



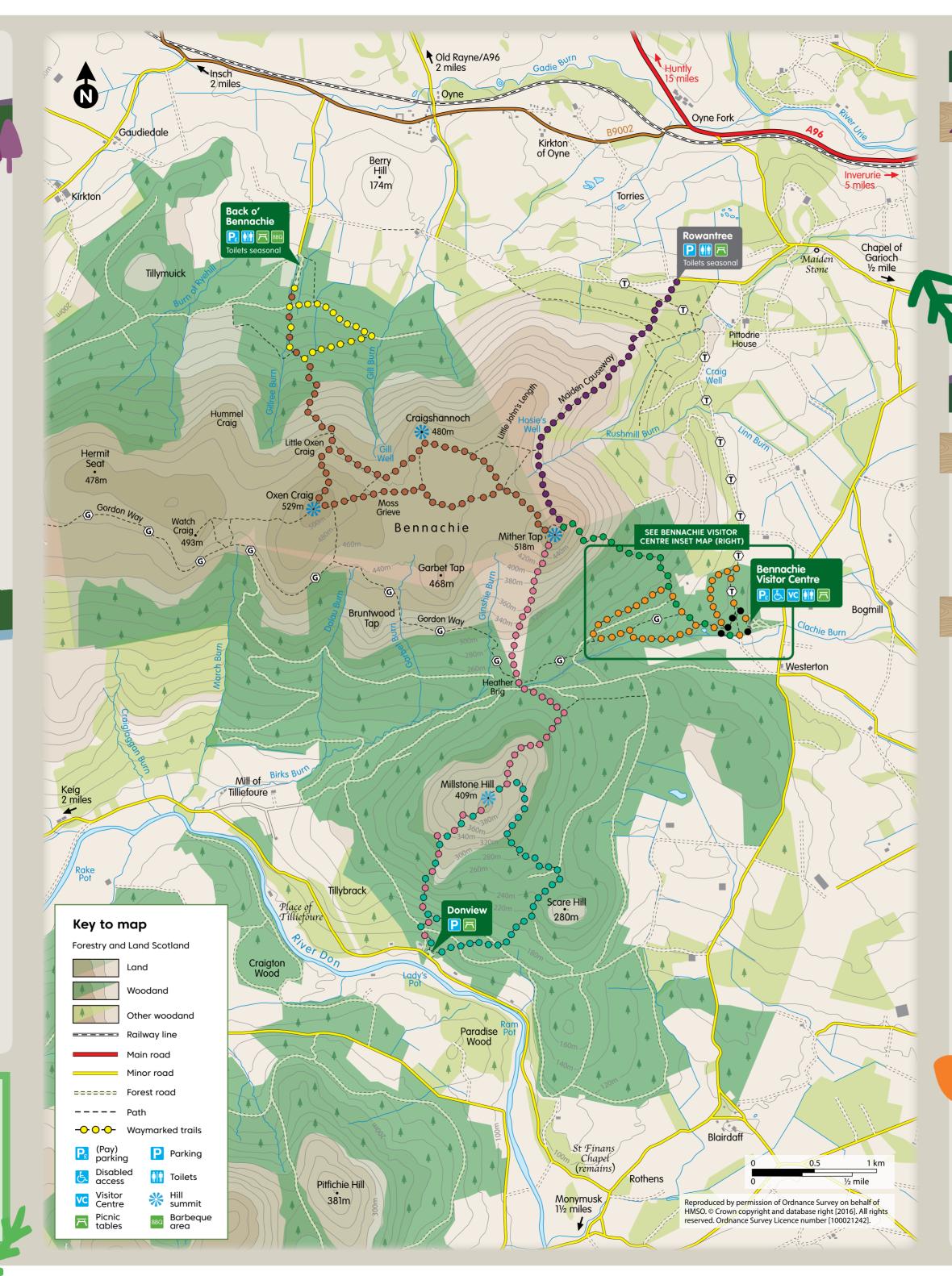
strenuous

narrow, and has a narrow timber walkway. Can be muddy.

# **Enjoy Scotland's** outdoors responsibly

- take responsibility for your own actions
- respect the interests of other people care for the environment.





# Rowantree



#### Mither Tap Maiden Causeway •••

A walk of legends to the impressive Pictish hill fort. The Maiden Causeway itself is named after a local girl who bet the devil that she could bake a batch of oatcakes before he could build a road up Bennachie.

Steep, rough and uneven rocky trail with steep rock steps. Some parts are narrow and can be wet and muddy after rain.

3½ miles / 5.6 km Allow strenuous 2½ hrs

and temperatures will drop suddenly in rain. Don't get caught out - dress warmly, take boots and waterproofs and be prepared to

> Mither Tap to Oxen Craig: 1½ miles / 2.3 kms, allow 1 hour each way Mither Tap to Craigshannoch: 1 mile / 1.5 kms, allow ¾ hour each way Craigshannoch to Oxen Craig: 1 mile / 1.5 kms, allow \(^3\)4 hour each way (following waymarked trail)

Going to the top?

It may not be a Munro, but climbing Bennachie can be a real mountain

experience with real mountain dangers.

Ice and snow make the paths extremely

hazardous in winter and spring. Even in

turn back when the weather changes.

summer the wind blows constantly at the top

# **Bennachie Centre**



#### Discovery Trail ●●●

A gentle wander through the forest. Wildlife rubbing posts are dotted along the trail; collect paper and crayons from the visitor centre.

A smooth firm trail, with short gentle slopes and no obstacles.



½ mile / 1 km Allow ½ hr

4 km

Allow



#### Mither Tap Timeline Trail

Climb to the rocky, granite summit of Mither Tap

An easy-going trail winding through attractive open woodland and the ruined houses and fields of the Bennachie colonists. 2½ miles /

Colony Trail •••

Firm and generally smooth, with some uneven areas.

moderate | 1½ hrs

**Generally moderate** slopes, with some short fairly steep parts. Includes steps, roots and rocky areas.

for superb views and to explore the impressive Pictish fort. A very steep, rough trail

with roots, rough rock steps and drains. Narrow in places. The summit is slab

3¾ miles / 6 km Allow 2¾ hrs strenuous

rock and can be slippery when wet.

BENNACHIE VISITOR CENTRE INSET MAP Mither Tap Chapel of Garioch Boghead of Tullos © Crown copyright and database right [2016]. All rights

#### Turnpike Trail -(**T**)-

The Turnpike Trail is a pleasant 4 mile (6.4 km) link between the **Bennachie Centre** and **Rowantree** car parks. You follow an old turnpike route through Pittodrie estate woodlands and over the Rushmill Burn. The route is not well-marked from the Rowantree end so taking a map is recommended.

#### Gordon Way -G-

The Gordon Way starts at the Bennachie Centre and runs for 11.5 miles (18.5km) along the southern side of Bennachie and on to the **Suie car park**, 3 miles south east of Rhynie. You walk through forests, farmland and open moorland, stout boots are recommended as some sections are muddy.